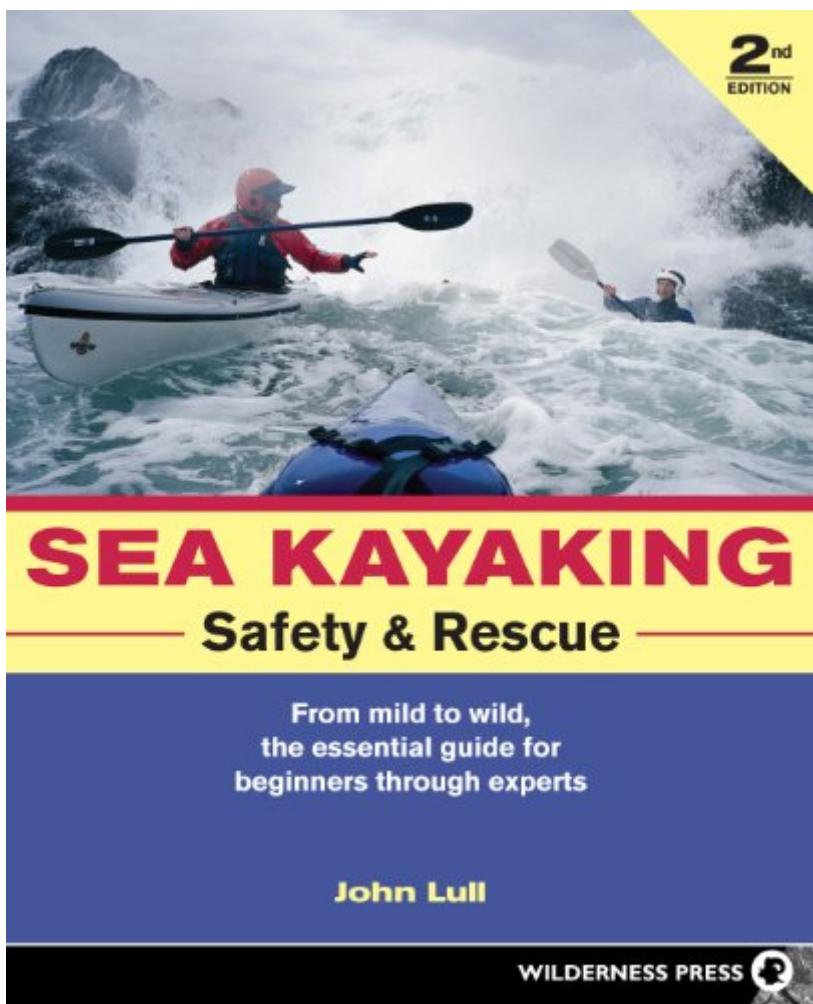


The book was found

# Sea Kayaking Safety And Rescue: From Mild To Wild, The Essential Guide For Beginners Through Experts



## **Synopsis**

The most comprehensive manual on how to kayak safely in a wide variety of sea environments--from inland waterways to ocean rock gardens, tide rips, surf zones, and the open ocean. Aimed at beginners through experienced kayakers, this book describes how to deal with hazards, not just avoid them, using real-life, extensively tested techniques proven to work. You'll learn fundamental skills for recovery and rescue, and master safe paddling techniques in ocean conditions. Numerous photos accompany step-by-step descriptions of the Eskimo roll, towing methods, self- and partner-rescues, backup strategies, and group dynamics. The second edition has a fresh chapter on fine-tuning your strokes, which will significantly increase kayaking fun and safety.

## **Book Information**

File Size: 84409 KB

Print Length: 298 pages

Publisher: Wilderness Press; 2nd ed. edition (March 15, 2013)

Publication Date: March 15, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00BSEQNEE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #667,108 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #61 in Books > Sports & Outdoors > Outdoor Recreation > Kayaking > Sea Kayaking #263 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Safety & First Aid #915 in Books > Health, Fitness & Dieting > Safety & First Aid

## **Customer Reviews**

Great book, obviously John writes from a wealth of experience and this is a classic of its genre. Excellent reference on an important subject.

Good info . Makes one think before and not wait until the moment! Worth reading

excellent delivery and book was as expected

great information

I started reading it and then somehow or another it was misplaced and who knows what happened to it. But if I remember correctly it was a good book. I reckon I'll have to buy it again.

In my opinion the most complete and most up to date book on sea kayak rescues. Highly recommended for any one who paddles solo or takes others out on the sea.

This is truly an outstanding book on sea kayaking safety. Very thorough. Very practical. I particularly liked the chapters on Eskimo rolling and great detail on surf technique and issues. An absolute must-read for kayakers aspiring to be expert.

[Download to continue reading...](#)

Sea Kayaking Safety and Rescue: From mild to wild, the essential guide for beginners through experts Sea Kayaking Safety & Rescue: From Mild to Wild Conditons, the Essential Guide for Beginners Through Experts Guide to Sea Kayaking on Lakes Superior and Michigan: The Best Day Trips and Tours (Regional Sea Kayaking Series) Guide to Sea Kayaking in Southeast Alaska: The Best Dya Trips and Tours from Misty Fjords to Glacier Bay (Regional Sea Kayaking Series) Guide to Sea Kayaking in Southern Florida: The Best Day Trips And Tours From St. Petersburg To The Florida Keys (Regional Sea Kayaking Series) Guide to Sea Kayaking in Maine (Regional Sea Kayaking Series) Guide to Sea Kayaking in North Carolina: The Best Trips from Currituck to Cape Fear (Regional Sea Kayaking Series) Sea Kayaking Central and Northern California: The Best Days Trips And Tours From The Lost Coast To Pismo Beach (Regional Sea Kayaking Series) Sea Kayaking Central and Northern California, 2nd: The Best Days Trips and Tours from the Lost Coast to Pismo Beach (Paddling Series) (Regional Sea Kayaking Series) Foraging: A Beginners Guide To Foraging Wild Edible Plants (foraging, wild edible plants, foraging wild edible plants, foraging for beginners, foraging wild edible plants free,) Sea Kayaking: Basic Skills, Paddling Techniques, and Expedition Planning (Mountaineering Outdoor Experts) Fullpower Safety Comics: People Safety Skills for Teens and Adults (Kidpower Safety Comics) The Infamous Bachelorette Party Playbook: A Scavenger Hunt For The Mild & The Wild The Infamous Bachelor Party Playbook: A Scavenger

Hunt For The Mild & The Wild Kidpower Youth Safety Comics: People Safety Skills For Kids Ages 9-14 (Kidpower Safety Comics) The Wild Coast: Volume 2: A Kayaking, Hiking and Recreational Guide for the North and Central B.C. Coast (The Wild Coast) The Wild Coast, Volume 1: A Kayaking, Hiking and Recreation Guide for North and West Vancouver Island (The Wild Coast) Pararescue: The Skill and Courage of the Elite 106th Rescue Wing--The True Story of an Incredible Rescue at Sea and the Heroes Who Pulled It Off Wild Men, Wild Alaska: Finding What Lies Beyond the Limits (Wild Men, Wild Alaska Series Book 1) A Canoeing and Kayaking Guide to the Streams of Florida: Volume I: North Central Peninsula and Panhandle (Canoeing & Kayaking Guides - Menasha)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)